

Castleberg Trio do their bit for Charity

Three ladies from Castleberg Group Surgery have been very busy training for many hours in preparation for the 2013 BUPA Great North Run. Mrs Susan Young, Mrs Margaret Cummings and Dr Linda King will run this year in the world's biggest half marathon, 13.1 miles, taking place on 15th September 2013 from Newcastle to South Shields. 56,000 runners are expected to take part.

On this occasion the trio have chosen Cancer Research UK as their charity and are asking for sponsorship from family and friends to boost the funds. Sponsor sheets are available in the surgery and anyone who wishes to contribute may call in and do so, they really need your help! The local Cancer Research Committee are giving their backing to Susan, Margaret and Linda, and will also be out with the sponsorship forms!

Cancer Research UK receives no Government funding so we rely entirely on the public - without the generosity and dedication of the general public we would not be able to continue to make progress against cancer.



SUSAN YOUNG, MARGARET CUMMINGS, DR LINDA KING (STAFF CASTLEBERG GROUP SURGERY) and ROULIE PORTER CHAIRMAN OF THE LOCAL CASTLEBERG COMMITTEE